



TUESDAY 12 December 2023

December is Disease Prevention & Treatment Month

104

The Chaka

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Today's Event



Adult Vaccination – Camp 2

Adult vaccination camp 2 will be held on 12th December 2023 under the guidance and supervision of our Health Chairperson Dr. Ayushmati Thakur and co-chair Dr. Parthojit Das. Three important vaccines for adults namely influenza, pneumonia and shingles are to be given out to our rotary members and their families. Adult vaccination is recommended to reduce the risk of infection and its potentially adverse consequences.

Rotary
Club of Calcutta



Bhumi Puja at HMC Blood Bank

Rotary Club of Calcutta is facilitating the development of a Blood Bank in conjunction with Howrah Municipal Corporation, under the leadership of the Howrah Mayor Dr. Sujoy Chakraborty and their able board of administrators. We are grateful to PP Rtn. Vikram Somany for his contribution & support towards the Blood Bank through Cera Sanitaryware Ltd. Chairman of Special Projects committee Arindam Roychowdhury has been tirelessly pursuing the implementation of this project. On Friday, 8th December, this project's materialisation took wings, starting with a Puja and Chandi Path on the 2nd floor of the new building of Dr. Sital Chandra Ghosh Laboratory, which specialises in Thalassaemia Detection & Treatment, which is an exclusive unit of Health Department of HMC at 50 Panchantala Road. The upcoming blood bank will be a huge support for the Thalassaemia patients.

The puja was attended by HMC Mayor Dr. Sujoy Chakraborty and Rotary dignitaries namely RID Aniruddha Roychowdhury, PRIP Sekhar Mehta, Rtn. Tapan Roy, Dr. Rtn. Ramendu Hom Chowdhury & Rtn. Pradyumna Chowdhury. PRIP Sekhar Mehta offered for the set up of a Dialysis Centre to the hon'ble HMC



mayor. Members present – President Rtn. Kanak Dutt, Hony Secy. Rtn. Sarvani Gooptu, CYP Rtn. Purnendu Roychowdhury, IPP Rtn. Raj Kr. Agarwal, PP Rtn. Vikram Somany, PP Rtn. Abhijit Kolay, PP Rtn. Heena Gorsia, PP Rtn. Saumen Ray, Chairman for Special Projects Rtn. Arindam Roychowdhury, co-chair Rtn. Ravindra Khandelwal, Rtn. Sonia Dutt, Rtn. Udit Mitra, Rtn. Yogesh Dassani & Dr. Rtn. Saswati Mukherjee. President of Rotary Club of Salt Lake City, Rtn. Oindrila Mukherjee along with Rtn. Ashim Guha were present. They have confirmed their contribution to the blood bank with a mobile blood carrying van. Cera office members were also present. RC Calcutta office members assisted the smooth flow of this program.

We look forward to the development of the blood bank so it can be launched by Akshay Tritiya.

[Reported by Rtn. Ravi Khandelwal]

CONTACT US

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https://rccalcutta.rotaryindia.org

Heart surgeries of underprivileged kids



B Ghose Foundation in association with Rotary club of Calcutta contributed to the heart surgeries of 4 underprivileged kids, conducted by the doctors of R N Tagore hospital, Mukundpur, Kolkata. After the successful operation of Yeasin Shekh and Anik Biswas, a team of rotarians led by Hon. Secretary Rtn Sarvani Goptu accompanied by Rtn Dr Sukalyan Purakaystha, Rtn Anand Sharma and Rtn Shampa Ghose visited R N Tagore hospital on 6th December at 11 am to meet the kids. The team was ecstatic to see the smiles on the faces of the kids who were on their way to recovery and ready to be discharged soon. We await the operation procedure of the other two kids soon.

[Reported by Rtn. Shampa Ghosh]

Interact Clubs - Activities during Nov. 2023



INTERACT CLUB OF SILVER POINT SCHOOL

Empowering Education in CHINTAN ACADEMY – October 28, 29 and 30, 2023

In October 2023, Silver Point School initiated a heartwarming initiative from Oct. 28 – 30, 2023 to uplift education in the remote village of Baramangwa in Darjeeling. The school adopted a small English medium school, Chintan Academy, led by Mrs. Sucharita Roychowdhury, the Principal of Silver Point School, along with Assistant Teachers Moushumi Ganguly and Ellora Saha and Rtn. Mr. Purnendu Roychowdhury. They mentored and supported the school for three days.

Chintan Academy, situated in the interior village of Takling in Baramangwa, faced several challenges due to its remote location. To address these challenges, Silver Point School initiated a program to guide and handhold the village school. The primary objectives were to improve the quality of education, enhance teacher training, and empower the village children with knowledge.

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Over the course of three days, teachers from Silver Point School extended their expertise to Chintan Academy. They offered guidance on school management, robust curriculum development, and academic practices, such as creating worksheets, lesson plans, and teaching aids, ensuring a more interactive and engaging learning experience for the students.

As technology plays an essential role in modern education, Chintan Academy was also equipped with the knowledge of creating educational videos, making learning more accessible and engaging.

This collaborative effort had a profound impact on both the mentor and mentee teachers and children studying there. The teachers at Chintan Academy are now better equipped to face the challenges of teaching skills, through enhanced training and educational resources. With continued cooperation, it is expected that the students of Chintan Academy, Baramangwa, will be well on their way to a brighter and more educated future.

Empowering Rehab Centre, Rehabilitation India at Sylvan – November 10, 2023

On November 10, 2023, the Interact Club of Silver Point School organized an event called Empowering Rehab Centre, Rehabilitation India at Sylvan. The event featured an art and craft exhibition that showcased the artistic abilities and diverse culture of the school's student community. The exhibition aimed to provide a platform for students to express their creativity, skills, and imagination through different forms of art. Students from Nursery to Class 5 participated in the exhibition, and each grade contributed uniquely to its overall success. The intricate displays and projects presented at the exhibition were a testament to the hard work and dedication of both students and faculty. One of the most popular segments of the exhibition was the Rehabilitation India stall. Here, arts and crafts activities were used as a therapeutic tool to aid in the recovery process of individuals. Through these activities, participants were able to explore their emotions, confront challenges, and foster self-discovery in a nurturing environment. The activities included painting, sculpting, and handicrafts, which encouraged creative expression and communication beyond words. These sessions not only helped cultivate artistic skills but also built confidence and self-esteem, ultimately aiding in the journey towards rehabilitation and a renewed sense of purpose. It was a resounding success and left a lasting impression on all who attended, celebrating the creativity and diversity within the school.

Walk For Clean Air – November 17, 2023

The Interact Club of Silver Point School recently participated in a 2-hour walk organized by the Switch on Foundation. The aim of the walk was to raise awareness about the increasing air pollution in the city and highlight the importance of a healthy environment for our well-being. Students, teachers, of Silver Point School and members of the Eco Club took part in the walk, which began at P C Chandra Jewellers on Elgin Road. Throughout the walk, students chanted slogans for clean air and a healthy environment. About 300 children in Kolkata joined the walk and emphasized the need for a pollution-free environment.

Awareness Program on Menstrual Hygiene for Adolescent Girls – November 17, 2023

An awareness program on Menstrual Hygiene for Adolescent Girls was organized by the Interact Club of Silver Point School on November 17, 2023. The objectives of the program were to help the girls understand the difference between myths and facts related to the menstrual cycle, to learn how good menstrual hygiene management plays a vital role in empowering women and adolescent girls, to know how to keep oneself clean during the menstrual cycle and stay safe from any kind of infection, and to inculcate good practices regarding menstrual hygiene. About 40 girls from classes 6 and 7 attended the informative session. Representatives from Procter & Gamble presented information on maintaining hygiene during the menstrual cycle, as well as how food habits can affect health during this phase. They explained the correct usage of pads and the proper way of disposal. Questions regarding polycystic ovaries, the usage of painkillers during the menstrual cycle, and irregular periods were also discussed. Additionally, sanitary napkins with hygiene awareness kits were distributed among the students present at the program.

A Session on Positive Parenting and the Benefits of Counselling – November 28 – 30, 2023

The Interact Club of Silver Point School conducted a 3-day workshop from November 28 to 30, 2023 on Positive Parenting and Benefits of Counselling for students from classes 3 to 12. The workshop aimed at guiding parents in the right direction to help their children discover their true potential. The objectives were to establish an effective connection with the child, promote positive emotions, understand the child's developmental stages, and use positive reinforcement for each stage. The workshop also aimed at helping parents understand various career options so they can help their children make the best choice. Amrita Basu, a certified Instructional Designer and Family Counsellor conducted counselling sessions for parents and adolescents. Kakoli Das Mandal, a Mindset Makeover Coach and an International Soft Skill and ISO 9001 certified trainer, was the keynote speaker. The speakers presented a detailed explanation on the subject of "positive parenting and the benefits of counselling" using examples. They addressed the common problems that parents face with their children. Kakoli Das Mandal introduced four types of parenting styles, namely permissive parenting, authoritarian, authoritative and uninvolved parenting, and explained which one is best for parents. The speakers provided the parents with a few activities to practice at home to help improve communication between parents and children. Finally, the session ended with a question-and-answer round where the speakers cleared all doubts of the parents.

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INTERACT CLUB OF MAHADEVI BIRLA WORLD ACADEMY

Mahadevi Birla World Academy reopened on November 16th after the Puja Vacation and quickly got busy with the Annual Sports Meet. The Interact Club of the school drew inspiration from the Diwali festive season, which brought light to people's faces. The initiatives included inviting NGOs such as Future Hope, Ektara Foundation and Calcutta Social Project to participate in a relay race during the Annual Sports meet on November 29th. Although only one team won a medal in each category, respectively for boys and girls, everyone took away memories, laughter, joy, and experiences that they would have missed otherwise.



In addition, the school participated in a science fair hosted by the NGO Ektara called 'We Matter' on November 24th. The fair showcased the brilliant minds of the children under the care of Ektara. It was unconventional but engaging, displaying dazzling science models and fun activities such as a robot made out of waste materials, a bangle activity, a model of circulation in the human heart, and an additional wheel.

INTERACT CLUB OF ASIAN INTERNATIONAL SCHOOL

The Interact Club of Asian International School organized a cloth distribution on the occasion of Diwali on November 10, 2023. Six Interactors distributed approximately 30 pieces of clothing to a nearby colony located near Santragachi Railway station and Ramkrishnapur Ghat. On November 14, 2023, to celebrate Children's Day, six Interactors distributed food packets among 50 children at Dumurjala Stadium.



Invitation and a request for donation

BYJU's Lakshya Scholarship

Rotary Club of Calcutta
SAMARTH-I MELA
A MEGA SERVICE PROJECT

DISTRIBUTION OF
 375 WHEEL CHAIRS
 825 SCHOOL SHOES
 100 ADULT LITERACY KITS

Special Guests :
 PRIP Shekhar Mehta
 RID Anirudha Roychowdhury
 DG Hira Lal Yadav
 Dr. Sujoy Chakraborty
 Chairman
 Howrah Municipal Corporation
 Sri. Ranjan Poddar
 Councillor
 Bidhanagar Municipal Corporation

Project followed by "Winter Breakfast"

CREATE HOPE in the WORLD

SUNDAY December 24, 2023, 10am Onwards
 GD Block Ground, opp Sushrut Hospital
 Salt Lake City, Kolkata

RSVP : Rtn. Arindam Roy Chowdhury : (Mobile) 8777826640
Rtn. Purnendu Roychowdhury : (Mobile) 92305 99999

Rotary Club of Calcutta
 104 Years In Service

BYJU'S The Learning App

LAKSHYA SCHOLARSHIP
 250 STUDENTS
 INR 2 CRORES SCHOLARSHIP VALUE

14 DECEMBER, 2023
VENUE : ROTARY SADAN | TIME : 11AM

Project Sponsored by Rtn. Sonia Dutt

REPORTING & ANNOUNCEMENTS

ATTENDANCE REPORT (05.12.2023)

Total Members	:	239
Members Present	:	31
Exempted Members	:	68
Visiting Rotarians & Guest	:	1



ONE WORLD

We remember with good wishes
Rotary Club of Hilversum West,
Netherlands, R. I. Dist. 1570

Birthdays

Sashi Bhargava 18th Dec.
Wish you many happy returns of the day

TODAY

Vaccination Camp, 2nd phase after the RWM

NEXT MEETING

Closed Door meeting on Tuesday, 19th Dec., 2023 at 1.30 p.m.

Lt. General Rana Pratap Kalita, GOC In C Eastern Command has consented to become an Honorary member of our Club.

Ashok Kumar Basu and Arindam Roychowdhury are members of the Board for 2024-25 as Jt. Secretary and Jt. Treasurer respectively.

BOARD MEETING

Sixth meeting of the Board of Directors (2023-24) of the Club will be held on Monday, 18th December, 2023 at 6.30 p.m. at Rotary Sadan (2nd Floor). All members of the Board are requested to make a note of it and attend.

Wedding Anniversaries

Sudhir Jalan & R-Ann Alka	12th Dec.
Deepak Kumar Khemka & R- Ann Shobha	12th Dec.
Sushil Jhunjhunwala & R-Ann Gyaneshwari	12th Dec.
Srirupa Dasgupta & Mr. Biswarup	12th Dec.
Shampa Ghose & Dr. Rajib	13th Dec.
Dr. Chandreyee Das & Dr. Partha Pratim	13th Dec.
Partha Pratim Mukherjee & R-Ann Mousumi	13th Dec.
Vikram Somany & R-Ann Smiti	13th Dec.
Dr. Indrajit Roy & R-Ann Ajanta	13th Dec.
Amitabha Ray & R-Ann Mandira Misra Ray	13th Dec.
Samrat Sen & R- Ann Anindita	14th Dec.
Shantanu Deb Mookerjee & R-An Rini	14th Dec.
Dr. Rajiv Kumar Seal & R-Ann Medha	14th Dec.
Malika Mukerji Sarkar & Mr. Sauvik	15th Dec.

Wish you many more years of marital bliss

ANNUAL CHILDREN'S TREAT - 2023

The 98th Annual Children's Treat of the Club held on Sunday, 10th December, 2023 at Nicco Park, Salt Lake, Kolkata.

Donations in Cash or Cheque payable in favour of "Rotary Children's Welfare Trust" will be eligible for Income Tax Exemption u/s 80G of the Income Tax Act.

THANK YOU DONORS (Donation received for Annual Children's Treat up to 07.12.2023)

Late Rtn. Nandita Sen Endowment for

Annual Children's Treat	Rs. 25,000/-
Dr. Ashoke Kumar Basu	Rs. 2,000/-
Ashish Kumar Bagla	Rs. 25,000/-
Sonia Dutt	Rs. 10,000/-
Subrata De	Rs. 10,000/-
Niraj Kumar Saraf	Rs. 15,000/-
Vikram Somany	Rs. 10,000/-
Sarvani Gooptu	Rs. 2,500/-
Dr. Indrajit Roy	Rs. 10,000/-
B. K. Dalmia	Rs. 5,000/-
Joyanta Chatterjee	Rs. 5,000/-

Hirak Kumar Sen	Rs. 5,000/-
Srirupa Dasgupta	Rs. 2,000/-
L.N. Bangur (Raman Trust)	Rs. 1,00,000/-
Rtn. Sukanti Taraphdar (R.C. of Rockdale East, U.K.)	Rs. 5,000/-
Hirak Ray	Rs. 5,000/-
B.K. Nahata (Mohanlal Nahata Foundation)	Rs. 5,000/-
Rtn. Shankar Sehanobish	Rs. 5,000/-
Kothari Hosiary Factory Pvt. Ltd. (K.K.Kothari &B.D.Kothari)	Rs. 21,000/-
A.V. Bhuwarka (Shree Ram Bhakti Trust)	Rs. 5,000/-
Atindra Nath Sen	Rs. 25,000/-
Debjani Ghosh	Rs. 10,000/-
P. S.Chauhan	Rs. 2,000/-
Kirit Patel	Rs. 10,000/-
Dr. Debnath Chattopadhyay	Rs. 2,000/-
Renuka Shah	Rs. 5,100/-
Sudarshan Jalan (D.N. Jalan Seva Trust)	Rs. 25,000/-

Following Items also donated by the members for the Annual Children's Treat -2023 :

(1) Rtn. S. R. Goenka – Soft Drinks & Maaza Tetra Packs, (2) PP Rtn. Heena Gorsia – Ice Cream, (3) President Rtn. Kanak Dutt – Health Drinks, (4) Rtn. Sonal Worah – Chips, (5) Rtn. Sharmishtha N Koya – Mind Games, (6) Rtn. Yogesh Dassani – Biscuits

FORTHCOMING PROGRAMMES AND EVENTS

- Under the leadership of Rtn. Arindam Roychowdhury, Chairman, Special Project Committee and Rtn Yogesh Dassani, Chairman Community Service committee the inauguration of BYJU's Scholarship programme will be held on 14th December, 2023 at 11 a.m. at Rotary Sadan.
- Samarth-1, Sunday, 24th December 2023.

FORTHCOMING MEETINGS / EVENTS

Day & Date	Programmes	Timing and Venue
Thursday, 14th December 2023	Inauguration of BYJU's Scholarship programme	11 am at Rotary Sadan
Tuesday, 19th December 2023	Closed Door meeting at 1.30 pm No Speaker on that day	Lunch at 1 pm.
Sunday, 24th December 2023	Samarth – 1 : Distribution of Wheel Chairs, School Shoes and Adult Literacy Kits	10 a.m. onwards at G D Block Ground, Salt Lake City
Tuesday, 26th December, 2023	No RWM due to Christmas Holidays	

MINUTES OF THE 4923rd REGULAR WEEKLY MEETING HELD ON 5th DECEMBER, 2023 AT 6.00 P.M. AT THE ROTARY SADAN

1. President, Rtn. Kanak Dutt welcomed all Members and Guests and called the 4923rd Regular Weekly Meeting of the Club to order.
2. National Anthem was led by Rtn. Sonia Dutt.
3. Minutes of the 4922nd regular weekly meeting of the Club held on 28th November, 2023 were confirmed. President welcomed Dr. Tanmoy Das, Senior Consultant and Head Department of Anesthesiology, Perioperative Medicine & Pain, Apollo Multispecialty Hospitals, Kolkata as the Chief Guest on that day.
4. President then welcomed all Visiting Rotarians and Guests who attended the meeting.
5. **President reported the following:**
 - a) Under the leadership of Chairperson, Rtn. Dr. Saswati Mukherjee, Youth Service Committee, organized Induction ceremony of three New Interact Clubs : i) Calcutta Boys' School ii) Serampore Girls High School iii) Sailendra Sircar Vidyalaya. The Charters were handed over to them on Thursday, 30th November, 2023 at Rotary Sadan. The programme was attended by school students, Interactors, Teacher Coordinators and Rotarians.
 - b) To observe World Disability Day the Club under the leadership of Health Committee under Rtn Dr. Ayusmati Thakur and Rtn Dr. Parthajit Das, jointly with Deepranjani Foundation, inaugurated a vocational Training Center for persons with Disabilities, acid victims and lupus patients and donated Sewing Machines and Computers on 3rd December 2023 at 11 a.m at Aikatan, IA Block, Salt Lake City, Kolkata. IPP Raj Kumar Agrawal, PP Sujata Pyne and CYP Purnendu Roychowdhury attended the inauguration of the project in the absence of the President. The Project was sponsored by India Carbon, courtesy Rtn. Shuryaveer Himatsingka. On behalf of the Club, President thanked Rtn. Shuryaveer Himatsingka for his donation.
 - c) Rotary Club of Calcutta along with Alok Foundation organised AHOBAN in association with Projayash and Dakshin Howrah Muktodhara on 3rd December 2023 at Rotary Sadan between 2 p.m. to 5 p. m. felicitating 80 police persons under Kolkata Police, 8 organisations for disabled and their students including Haemophilia, acid survivors, deaf and dumb, blind, sclerosis, no leg, no hands, autistic, down syndrome etc. Donated one sewing machine, one wheelchair and two computers on that day. The programme was organised by Rtn Debjani Ghosh and Rtn Dr Saswati Mukherjee.
6. **President announced the following :**
 - i) 6th December, 2023 a team of Rotarians under the leadership of Rtn Shampa Ghose would visit R N Tagore Hospital to meet the 4 children aged between 1 and 11 years for whom B. G. Foundation in association with the R.C. of Calcutta have organized heart surgeries and requested members to join on that day.
 - ii) Bhumi Puja for Rotary Blood Bank supported by Cera Sanitaryware Ltd., Howrah Municipal Corporation and other Rotarians would be held on Friday, 8th December, 2023 from 10 a. m. at Dr. Sital Chandra Ghosh Thalassemia & Detection Center, 50, Panchanantala Road, Howrah Maidan and requested members to join on that day.
 - iii) The 98th Annual Children's Treat -2023 of the Club would be held on Sunday, 10th December, 2023 10 a.m. onwards at Nicco Park, Salt Lake, Kolkata. The Club would invite more than 1,500 underprivileged Children to this Flagship programme of the Club in this year. The GOC-in-C Eastern Command, Lt. General Kalita has accepted our invitation to be the Chief Guest and had kindly agreed to arrange for the Military Band to perform. The President requested members to generously donate or sponsor Breakfast, Lunch, Ice Cream, T-Shirts, Caps, Carry Bags, Sports Items, or any kind of Gift Items to make this a "Day of Sunshine" for those Children.
 - iv) Under the leadership of Rtn. Arindam Roychowdhury, Chairman, Special Project Committee and Rtn Yogesh Dassani, Chairman, Community Service Committee, the inauguration of Byju's Scholarship programme would be held on Thursday, 14th December, 2023 at 11 a.m. at Rotary Sadan and requested members to join the programme on that day.
 - v) Special Project Committee under the leadership of Rtn Arindam Roychowdhury would organise SAMARTH – 1, Distribution of Wheel Chairs, School Shoes and Adult Literacy Kits on Sunday, 24th December, 2023 at GD Block, Salt Lake City, Kolkata at 10 a. m. onwards, requested members to donate for the Mega Project of the Club and attend with their families.
7. At the request of the President, Hony. Secretary Rtn. Sarvani Gooptu thereafter conducted the Club Business :
 - a) She welcomed all Members and Guests.
 - b) She then announced the names of Rotarians celebrating their Birthdays and Wedding Anniversaries for the week ending 11th December, 2023.
 - c) Next Regular Weekly Meeting would be held on Tuesday, 12th December, 2023 at 1.30 p.m. RWM will be followed by Vaccination - Camp 2.
8. At the request of the President, Rtn. Dr. Debashis Mitra introduced Dr. Tanmoy Das as the Chief Guest of that day.
9. At the request of the President, Dr. Tanmoy Das addressed the audience on "Are You healthy as Can be ?"
10. On behalf of the Club, Rtn. Sanjib Basu offered the vote of thanks.
11. On behalf of the Club, President handed over a memento to Dr. Tanmoy Das.
12. Sunshine Box collection was Rs. 1,000/- with special Contribution from Rtn. Purnendu Roychowdhury on that day.
13. The Club remembered with good wishes Rotary Club of Bangalore, India, R.I. Dist. 3192
14. Meeting was adjourned at 2.41 p.m.

Kanak Dutt
President

Sarvani Gooptu
Hony. Secretary